

## Marymount Secondary School

### Report on the use of One-off Grant for Mental Health of Parents and Students (2023-2024)

Objective: to support parents in taking care of students' mental health by organizing activities and training programmes relating to mental health of students and parents, to equip parents with the relevant knowledge and skills on mental health, and help them in identifying early signs of children's mental health problems; understand the ways of stress management and promotion of physical mental health, as well as promoting children's positive mindset.

	Areas	Actual Expenses
1	Joining or Organizing parent-child or parent activities relating to promotion of the mental health of students and parents - 83 parents and students participating in the Positive Values Concert in Ocean Park	\$8,300
2	Providing training programmes or activities to equip parents with the knowledge and skills related to mental health.	\$0
	Total	\$8,300